

## **Weaving a World Without Violence: Ending Rape by Ending Oppression Schedule of Events**

**March 29th 2016**

**Registration and Breakfast** Please be sure to visit the registration table each day you attend

7:30 am - 8:30 am, Salon D & E

**Welcome and Keynote by Aleese Moore-Orbih** A brief welcome from Tobi Downing, NYSCASA's Associate Director, followed by our first keynote address by Aleese Moore-Orbih. Ms. Moore-Orbih will discuss connecting the dots between POC advocates/activists and their work across anti-violence, anti-oppression and anti-racism work.

8:30 am - 9:45 am, Salon D & E

**Calm to Chaos** Beth Savo Novik: This workshop will help participants understand why we sometimes respond to life with stress and how we can change that response to one that is full of ease, joy, and curiosity. In this workshop you will gain a clear understanding of why we react the way we do to stressful situations, and how we can change the experience our body and our mind is having to retrain ourselves and feel less stress. You will come away with short term and long term practical skills to use to train yourself to relax, let go of fear and become calm in the chaos.

10:00 am - 11:30 am, Salon H

**Moving Past "They got what was coming." - The experience of a PREA State Services Pilot Site** Lindsey Crusan: Despite the passage of the Prison Rape Elimination Act (PREA) in 2003, states and victim service providers are still struggling to provide preventative and responsive services to victims of sexual assault and rape in detention settings. In addition, our culture in America seems to still support sexual assault as a means of additional punishment to those members of our society who commit heinous crimes. In this session, the audience will learn about the Prison Rape Elimination Act (PREA) and the implementation of a pilot program in New York State to address the needs of survivors of sexual assault who are incarcerated. Participants will hear about the challenges and triumphs as one pilot site has navigated providing services in this difficult setting.

10:00 am - 11:30 am, Salon F

**Naming Our Power: A Workshop for Women of Color (Part 1)** Jean Fei: Using exercises and personal experiences we will explore how we learn our beliefs and behaviors about race, the use of racial stereotypes in popular media to perpetuate negative characteristics and justify exploitation and homicide. We will look at the mental, emotional and physical impact of historical trauma as well as vicarious trauma from working with women and children who are victims of crime. We will practice ways to build our resilience and to resist internalizing the oppression we face every day.

10:00 am - 11:30 am, Salon G

**The Normalization of the Relationship between Sex and Violence** Amber Morczek: Pornography, much like sexual violence, is pervasive and is especially significant within the context of rape culture; a cultural framework that condones, minimizes, trivializes, satirizes, and eroticizes violence toward women. However, despite its obvious permeation into our cultural vernacular and collective notions about sexuality and consent, pornography is rarely discussed as an antecedent to sexual violence unless said violence involves children. Accordingly, this presentation will not only discuss current trends in the mainstream pornography industry and the violent content therein, but it will also examine how pornography is influencing the attitudes and behaviors of both young people and adults alike. In sum, this presentation will be an interactive and candid discussion about what mainstream pornography teaches us about sex, violence, and sexual violence and what we can do as advocates and primary prevention professionals to mitigate the impact.

10:00 am - 11:30 am, Salon C

**Lunch and Plenary Speaker Jennifer Nadler- "No More Sorrow, No More Silence: The Voice of a Survivor"** The word "presentation" or "workshop" really doesn't really speak to the multi-media, emotional journey that Jennifer leads her audiences on. Through photographs, personal artwork and poetry, images, music and personal narrative, Jennifer not only shares her experience, but helps us feel the emotions of her journey to become a survivor. She takes you by the hand and walks with you on that journey she had to travel. In sharing her truth, Jennifer offers powerful insight into the pain, coping and healing that many survivors of child sexual abuse experience, and shatters the confines of secrecy and shame that surround child sexual abuse with unguarded openness.

11:45 am - 1:15 pm, Salon D & E

**Don't forget about me: Talking about sexual abuse and safety with children with disabilities (Part 1)** Meg O'Rourke and Susan Kahan: "Don't forget about me: talking sexual abuse and safety with children with disabilities" aims to educate parents, caregivers and professionals about the steps they can take to increase the safety of children with disabilities, and to decrease the risk of sexual abuse. This workshop is adapted from an existing curriculum developed by the Coalition Against Sexual Abuse of Children with Disabilities, a collaborative group of trauma and disability providers in Chicago and is facilitated by Chicago Children's Advocacy Center. The workshop will provide parents and providers with information about sexual abuse, strategies to keep children safe, and ideas about how to make conversations about sex and safety easier through resources and materials that can be modified to meet the developmental needs of children with disabilities.

1:30 pm - 3:00 pm, Salon C

**Empowering Ourselves: Incorporating Self-care into Our Everyday Interactions** Leah Green: This interactive workshop will outline how agencies can adopt the empowerment model we use with survivors for use in our agencies. Advocates working at rural dual/multi-service agencies are more isolated from fellow staff members, feel overextended, and often don't have as much support as they would like, all of which can take a toll on their emotional wellbeing. This workshop will address issues of self-care, organizational trauma, and staff empowerment with a focus on positivity and creating longevity within this work.

1:30 pm - 3:00 pm, Salon H

**Naming Our Power: A Workshop for Women of Color (Part 2)** See Part 1

1:30 pm - 3:00 pm, Salon G

**New Army Efforts for Stopping Sexual Assault** Monique Ferrell: Army's policies, procedures, and prevention and response strategy have led to positive outcomes (sexual assaults are down; reporting is up). The Army is flexible and agile in policy development, initiatives, infrastructure, response mechanisms, etc., in order to see progress. Ms. Monique Ferrell, Director of the Army's Sexual Harassment/ Assault Response and Prevention (SHARP) Program will share how the Army continues to innovate and operate with flexibility to implement sound initiatives that will sustain our momentum in ending sexual assault within our community and contribute to the readiness of the Army. We would like to share some of these ideas and initiatives with conference attendees, especially those in the prevention and/or institutional advocacy tracks.

1:30 pm - 3:00 pm, Salon F

**Disciplined Too Young and Too Often: The School to Prison Pipeline** Nubia Pena: Across the country, school systems are shutting the doors of academic opportunity and funneling children into the juvenile and criminal justice systems by using overly harsh discipline practices and increased use of law enforcement to address student misbehavior. The STPP streamlines children into jail cells, increasing their likelihood of dropping out of high school, which studies show has several consequences such as delinquency, arrests, substance abuse, criminality and distrust in law enforcement. The populations most vulnerable to being targeted by zero tolerance policies are youth of color, children with disabilities, children involved in the foster care system, and those from low-socio economic backgrounds. These populations are equally vulnerable when considering risk and protective factors for sexual violence perpetration and victimization. Anti-sexual violence advocates and community partners must be aware of current issues that increase a youth's vulnerability to perpetration in order to create innovative and relevant ways of engaging with targeted youth. This presentation will use Utah as an example of how advocates against sexual violence can utilize publicly available data from the Office for Civil Rights as a tool to identify specific populations that are being targeted and impacted by harsh discipline practices. Advocates will be encouraged to get involved in mitigating STPP issues to increase protective factors within schools by addressing policy changes.

3:15 pm - 4:45 pm, Salon G

**Don't forget about me: Talking about sexual abuse and safety with children with disabilities (Part 2)** See Part 1

3:15 pm - 4:45 pm, Salon C

**We're Better Together: How college and community organizations can and should unite to prevent and respond to sexual and interpersonal violence** Andrea Stagg and Joseph Storch: College and universities have an obligation to develop programs and training to help prevent sexual and interpersonal and to respond appropriately when violence occurs. Recent changes in federal and state law have shifted these obligations from report and response to report, response and prevention. This is an important positive step. This session will detail some of these obligations and then go further to

describe the positive work that colleges can do in partnership with outside agencies and community partners. Two attorneys with experience representing colleges and developing policies and legislation to enhance work in this area will discuss the latest advances in legislation, policy, and best practice, share cutting-edge resources, and discuss best practices in approaching violence as a community, not as individual islands working separately. There will be time for questions and answers.

3:15 pm - 4:45 pm, Salon F

**When We Dare To Be Free: Identity and Personal Narrative as Tools for Collective Empowerment** Qumyka

Howell: Often and unintentionally service providers create an expectation that survivors of violence edit, censor, or otherwise alter the narratives of their experiences in order to “fit” eligibility requirements or the perceived profile of a target population. This expectation to edit oneself in order to have one's needs met also extends to women working in mainstream environments. Using an inside-out approach of exploring personal narratives of interpersonal and institutional trauma and requiring no artistic background, this workshop is designed to provide advocates with tools of creative expression to transform trauma into healing and liberation. The freedom to control and fully embody our personal narratives is critical self-care in the face of injustice and oppression.

Through this workshop, participants are invited to express themselves, using cultural art techniques including creative visioning, Theatre of the Oppressed\*\* (Image Theatre), and collaborative writing to explore the possibilities for living the full narratives of their lives within their organizations, institutions, communities, and selves.

3:15 pm - 4:45 pm, Salon H

**Zumba “Shake It Off” How to use music and movement to shift our mindset and emotion** Sharon Lastique: 60 minutes of world dance, incorporating stretching and breathing exercises plus guided meditation to foster a greater sense of well being and calm for participants.

5:15 pm - 6:15 pm, Salon D

**Focus Group for People of Color Survivors of Child Sexual Abuse** Sister/brotherhood is a link, a bond between people that is based on honesty and authenticity. Many used the term Sisterhood, to refer to, “a woman who always has your back.” Loyalty and respect are at the basis of the relationship. This focus group will further explore this concept and language, does this even capture the true essence of unconditional support for all adult survivors of child sexual abuse inclusive of gender and racial binaries as we begin to build a base for collective action.

For many survivors, disclosing is so entrenched with shame given all the victim-blaming that occurs by community members. Unconditional Support/Love in Sisterhood, can help revolutionize how communities deal with disclosers, how communities interact in the first place. These concepts will serve as the basis to bring many of us as survivors of Color, who are already activists, into organizing in community with each other. Unconditional support/ Love in Sisterhood provide hope to communities, giving us the strength to take back our streets, lives and connecting to all forms of violence.

This focus group will allow us as **adult survivors of child sexual assault from Communities of Color to caucus** about unconditional support and further explore the concept of love in sister/brotherhood. Please know that this space is for adult survivors of child sexual assault from Communities of Color to have vitally needed dialogue about supports.

6:30 pm - 7:30 pm, Salon H

**Black Women's Blueprint Presentation** The U.S. is one of the few places in the world where mass rapes have occurred systematically against an entire race of people and particularly the womengenerations of Black/African American women, and yet there has been no outcry by human rights communities, no processes for justice, and little recognition of such violations or their impact on survivors.

JOIN US FOR A STRATEGIC DIALOGUE AND WORKSHOP about the necessities of a Black Womens Truth and Reconciliation Commission (BWTRC) in this country. The first of its kind to focus on Black women and their experiences with rape in the U.S. the BWTRC is an independent body, led by civil society. It is using innovative strategies to engage survivors in healing, collecting narratives, confronting the ever shifting nature of rape culture and sexual violence against Black women in this country and mobilizing Black women around their articulated visions for justice. This talk is part of First Mondays at BWB.

7:30 pm - 9:00 pm, Salon F and G

**March 30th 2016**

**Registration and Breakfast** Please be sure to visit the registration table each day you attend

7:30 am - 9:00 am, Salon D & E

**Not Alone: How to Help Transgender Survivors in Detention** Desiree Magsombol of Just Detention International: The session will give an overview of the prevalence, dynamics, and impact of sexual abuse in detention, using both research and survivor testimony. We will discuss the particular vulnerability of Transgender survivors. The presenter will share stories from Transgender survivors, talk about what services, if any, they received in the aftermath of the assault, and the kind of support that would have been helpful. The session will end with a facilitated conversation and ample time for Q&A.

8:00 am - 9:30 am, Salon G

**One-Size-Does-Not-Fit-All: Bystander Intervention for Communities of Color** Chimi Boyd-Keyes: Bystanders play a critical role in the prevention of sexual and relationship violence. They are often the largest group of people involved - outnumbering both the perpetrators and the victims. Bystanders can have a range of involvement in assaults. A person or persons may be aware that a specific assault is happening or will happen, they may see an assault or potential assault in progress, or they may have knowledge that an assault has already occurred. Regardless of how close to the incident they are, bystanders have the power stop assaults and to get help for people who have been victimized. Bystander Intervention Programs are not once-size-fits all. There exists a gap in bystander intervention programs that speak to the needs of people of color on campuses. Programs must honor intersecting identities that people bring into spaces and the unique experiences of oppression that they face. This workshop unveils a new bystander intervention program, BOUT That Life, tailored specifically for communities of color at predominantly white institutions (PWIs) as well as historically black college and university (HBCU) campuses. This program can be adapted to fit non-campus organizations that wish to do targeted primary prevention training for African Americans.

8:00 am - 9:30 am, Salon F

**Who polices the police?: An Intersectional Critique of "Anti-Trafficking" Measures and the Case for**

**Decriminalization** Stephanie Kaylor: In the field of sexual assault prevention, the issue of "sex trafficking" and its prevention have grown momentum in recent years. Yet how closely do these narratives of "slavery" reflect the daily experiences of runaway youth and migrant women in the sex industry? Is an increased police presence really what we need?

In this presentation I will be discussing the problems in mainstream representation of trafficked persons and the repercussions for those in the sex industry by choice, circumstance, and coercion, as well as those simply profiled to be sex workers by police. Recent legislation, such as the TVJPA, will also be discussed, shedding light upon how "anti-trafficking" measures often further criminalize and victimize marginalized peoples, including those they purport to help.

8:00 am - 9:30 am, Salon H

**WRAP – Wellness Recovery Action Plan** Diana Babcock: Diana will speak from her own experiences in learning about the ACE study and her personal ACE score and how WRAP® and peer support can be used as groundwork in building and maintaining wellness. She will talk of how she navigated and planned as she explored and learned about the seemingly difficult, darker and taboo experiences, such as addiction and hearing voices, that arose in her life from the effects of trauma. She will convey the importance of self-empowerment and the time it takes to create a network of hope and support according to the evolving needs and understandings that arise while doing this work.

8:00 am - 9:30 am, Albany/Colonie

**Keynote Speaker Loretta Ross: Fighting Sexual Violence through Human Rights** Loretta is an expert on women's issues, racism, and human rights. Her work emphasizes the intersectionality of social justice issues and how this transforms social change. Loretta is a nationally-recognized leader, an author, a rape survivor forced to raise a child born of incest, and a survivor of sterilization abuse.

9:45 am - 11:15 am, Salon D & E

**NYSCASA Annual Meeting** NYSCASA invites all their member Rape Crisis Programs to vote on our Board of Directors slate.

11:30 am - 11:45 am, Salon D & E

**Lunch and Plenary Speaker Ebony Williams** Utilizing an Ice Breaker that will assist in analyzing self and begin a brief dialogue that will help identify how, where and when unhealthy patterns may have developed. All participants will be effectively challenged in engaging/interactive activities to address Prevention of oppression and Sexual Violence. Through the empowering process clarity to assess self, community and workplace will be gained to gain understanding and create change. The Challenge of gaining the skills to Prevent, Advocate and Pledge will solidify the importance of the process for the past, present and future.

11:45 am - 12:45 pm, Salon D & E

**Connecting the Violence(s): Interpersonal, Structural, Racial, Gender, Immigration, and Economic** Join keynote speaker Loretta Ross for a prevention workshop focusing on the connections between types of violence.

1:00 pm - 2:30 pm, Albany/Colonie

**Revenge Porn** Laura Plotkin: The rise in Revenge Porn, or non-consensual pornography, which is the distribution of sexually graphic images or videos of individuals without their consent, can have devastating and harmful effects on its victims. Revenge Porn is often perpetrated by an ex-partner seeking to punish and humiliate their ex by posting, sharing, and distributing these images and videos without the consent of their partner. While certainly not a new crime, because of advancements and ease in usage of technology, we are witnessing an explosion of Revenge Porn, with millions of viewers able to see the images of Revenge Porn on websites and online forums. According to the Cyber Civil Rights Initiative, there are as many as 3000 websites featuring sexually explicit images, while also simultaneously being widely distributed through social media, blogs, emails, and texts, all without the consent of the subject. Victims are often threatened with sexual assault, physical violence, and are stalked online and in person. In this workshop you will hear the stories of women who have been victims of Revenge Porn, the harmful effects on their lives, and the frustration they encountered trying to receive help from our criminal justice system.

1:00 pm - 2:30 pm, Salon H

**Self-Care for the Patient and the Practitioner** Josie Torielli: Working with trauma creates a parallel response in the provider. When this material remains unexplored and untreated, Vicarious Trauma can impact our minds, bodies, personal and professional lives. In this workshop, the presenters will work with participants to identify and manage trauma symptoms within themselves. Attendees will individually discover how trauma is showing up in their professional and personal lives, and will develop a plan for addressing these impacts. Workshop will involve practice of self-care techniques.

1:00 pm - 2:30 pm, Salon F

**We're better together: How College and Community Organization can and Should Unite to Prevent and Respond to Sexual and Interpersonal Violence (Repeat)** See previous description

1:00 pm - 2:30 pm, Salon G

**Eliminating the Wedge: The Struggle to End Gender-Based Violence and Mass Incarceration** Amani O, Angelica Clarke, Ariela Perez-Wallach, and Laura Trivison: Today the United State houses the biggest prison population in the world, and in human history. This racist and violent warehousing of mostly poor communities is a direct lineage from slavery and Jim Crow policies. Women are the fastest growing segment of the prison population. This workshop addresses the links between state violence and sexual violence that leave victims with impossible options and prevent advocates and organizers from eliminating sexual assault. Workshop leaders will highlight the emerging ways marginalized communities, particularly women and femmes of color, are addressing gender-based violence. Participants will grow their understanding of the role that community organizers, service providers and advocates can play in shifting from a carceral to a community-controlled approach to gender-based violence.

2:45 pm - 4:15 pm, Albany/Colonie

**Restorative Justice Approaches to Campus Sexual Misconduct** David R. Karp, Ph.D. and Kaaren Williamsen, MA: Campus PRISM (Promoting Restorative Initiatives for Sexual Misconduct on college campuses) is a project to incorporate restorative justice principles into responses to the problem of campus sexual violence. The project team includes scholars and practitioners from the U.S. and Canada. This workshop will present how RJ can be used in sexual violence prevention, as a response to individual incidents of misconduct, and for students returning to campus after being suspended for sexual misconduct.

2:45 pm - 4:15 pm, Salon G

**Social Inclusion as Sexual Violence Prevention: A Public Health Project in Collaboration with Adults with Developmental Disabilities** Cierra Olivia Thomas-Williams: As part of Indiana's statewide Rape Prevention and Education (RPE) efforts, ICADV's pilot project is meant to foster community belongingness and civic engagement through community mobilization for self-advocates (adults with developmental and intellectual disabilities) and the communities they live in. Together with fifteen self-advocates and eight local and state agencies that represent services across the human lifespan, we are working toward decreasing sexual violence among our nation's most vulnerable populations. The project includes mapping Bloomington for areas of inclusion and exclusion, creating a GIS representation of our findings to share our story, and collectively determining short and long term solutions to barriers identified during the mapping. Meeting our goal will increase public health through structural and social change and at the end of our collaborative project we will have had a positive impact on reducing risk factors for sexual violence in Bloomington, Indiana. By March 2016, the first year of the pilot project will be completed and the collaborative will be well into year two and working toward implementation of environmental solutions to the problems identified in year one through the mapping process.

2:45 pm - 4:15 pm, Salon F

**What Defines Your Wellbeing** Deborah Faust: Often times we are not even aware of how our behaviors and traditions are shaped by unchallenged and inherited beliefs and experiences, so change may require a great deal of unlearning habits of thought. Some of our cultural traditions can also mask traumatic experiences. This workshop will examine our cultural influences and ask you to examine which values support your vision of wellness and which ones you may have inherited through your cultural belief system that do not. Participation is necessary.

2:45 pm - 4:15 pm, Salon H

**Closing and Door Prizes**

4:15 pm - 4:45 pm, Salon F